



NEWS AND INFORMATION from the Grand Traverse Bay YMCA

3000 Racquet Club Drive, Traverse City, MI 49684

info@gtbayymca.org | www.gtbayymca.org | 231-933-YMCA (9622) |

<http://newsgtbayymca.blogspot.com>

CONTACT: Dagny Monette, Director of Child Care, Family, and Camp,
dagny@gtbayymca.org, 231.421.3568 or Tom Van Deinse, CEO,
231.933.9622, tvd@gtbayymca.org

Friday, June 03, 2011

FOR IMMEDIATE RELEASE:

Y FAMILY FUN NIGHT: JUNE 17

A great way for families to come together and build on these pillars is YMCA Family Fun Night. Bring the whole family for free time in the gym, bounce house, and a craft. Our next event will be at our Y Early Childhood Center.

The YMCA Early Childhood Center, located on 1100 Woodmere Ave, Suite B, Traverse City, holds a Family Fun Night geared toward younger children on the third Friday of each month from 6:00 to 8:00 pm. The next night is scheduled for **June 17**. Bring the whole family for free time in the gym, bounce house, and a craft. This night will feature a picnic celebrating the coming of summer.

The cost is FREE to YMCA members and only \$15 per family for non-members for both Family Nights.

The YMCA helps families build the five pillars that support a healthy family home: EAT HEALTHY, PLAY EVERY DAY, GET TOGETHER, GO OUTSIDE, AND SLEEP WELL. By using these pillars you can make the first steps in living a healthier life.

A Healthy Family Newsletter is available at our website at www.gtbayymca.org. Contact Dagny Monette at 421-3568 or childcare@gtbayymca.org for more information about our family programs.